



## COLORADO FAMILY AND CONSUMER SCIENCES SECONDARY PROGRAMS

*Leadership skills integrated through Family, Career and Community Leaders of America.*

### **Family and Consumer Sciences CORE (CIP 19.0000)**

Our students today are the future leaders and members of tomorrow's families, workplaces, and communities. Essential preparation for success includes acquisition of leadership, problem-solving, decision-making, critical thinking, communication, computer, and mathematics skills. Family and Consumer Sciences (FACS) CORE courses are solidly linked to the National Core and Colorado Model Content Standards. All FACS courses are reimbursable for Colorado Technical Act (CTA) and Carl Perkins funding.

A student must complete two out of the seven (Career Pathways, Child and Adolescent Development, Education Exploration, Life Management, Nutrition and Wellness, Relationships, Teen Choices) CORE courses for completion status.

### **Career Pathways**

- One-semester course designed for 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> graders
- This course allows students to identify career interest areas based on your goals, individual skills, and aptitudes.
- Students will develop a usable education and career portfolio containing items necessary for post-secondary education and job searches, along with continuing to develop their personalized ICAP.

### **Child and Adolescent Development**

- One-semester course designed for 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> graders
- Purpose is to acquire knowledge and understanding of child and adolescent development necessary for strengthening the well-being of children and families.
- Focuses on perspectives of human development, research and theories, understanding and nurturing development, and challenges.

### **Culinary Nutrition**

- One-semester course designed for 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> graders
- Purpose is to develop lifelong, healthy individuals with an understanding of healthy and nutritious preparation techniques utilizing various resources and skills.
- Emphasis is placed on implementing healthy nutritional choices, preparing nutrient-dense seasonal foods, sports nutrition, exploring careers related to culinary nutrition, and practicing wise consumer decisions.

### **Education Exploration**

- One-semester course designed for 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> graders
- Provides students with an overview of professions within education.
- Experiences with various education professionals will enhance the understanding of classroom planning, licensure requirements, and career opportunities within school systems.
- This course could also be offered as part of a Teacher Cadet program approval.



**COLORADO  
FAMILY AND CONSUMER SCIENCES  
SECONDARY PROGRAMS**

*Leadership skills integrated through Family, Career and Community Leaders of America.*

**Life Management**

- One-semester course designed for 11<sup>th</sup> and 12<sup>th</sup> graders
- Purpose is to develop educated consumers with an understanding and academic knowledge of consumer resources and financial organizations.
- Focuses on personal and family resources, job and career, personal and family finances, and wellness.

**Nutrition and Wellness**

- One-semester course designed for 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> graders
- Purpose is to develop lifelong, healthy individuals with an understanding and academic knowledge of wellness as a lifestyle, exercise and fitness, nutrition, and consumer products and services.
- Emphasis is placed on implementing healthy nutritional choices, developing a fitness plan, integrating science principles as related to nutrition, and practicing wise consumer decisions.

**Relationships**

- One-semester course designed for 11<sup>th</sup> and 12<sup>th</sup> graders
- Purpose is to acquire academic knowledge and understanding for healthy, respectful, and caring relationships across the life span.
- Emphasis is placed on family and friend dynamics, effective communication, and healthy interpersonal relationships.

**Teen Choices**

- One-semester course designed for 9<sup>th</sup> and 10<sup>th</sup> graders as a feeder to other CORE courses
- Focuses on personal power and success, wellness, personal relationships, understanding personal sexuality, and teens and the law



**COLORADO  
FAMILY AND CONSUMER SCIENCES  
SECONDARY PROGRAMS**

*Leadership skills integrated through Family, Career and Community Leaders of America.*

**Family and Consumer Sciences Occupational**

The Family and Consumer Sciences (FACS) Occupational programs focus on career awareness, occupations available in the job market, leadership, teamwork, and preparation for specific occupational pathways.

Each FACS Occupational program must be two semesters/one-year in length. A student must complete two semesters (equivalent of one year) for completion status.

**Catering (CIP 19.0599)**

- Two-semester program designed for students with career interests in the food industry as well as owning their own catering business
- Purpose is to develop skills in quantity food preparation, safety and sanitation, planning, customer service, business plans and entrepreneurship.

**Culinary Arts/Food Production (CIP 19.0501)**

- Two-semester program based on National FACS Standards.
- Incorporates a student-run restaurant open to the public focusing on operation, food preparation, customer service, front/back of the house experiences, food safety, and management

**ProStart (CIP 19.0505)**

- Two to four-semester program based on the National ProStart curriculum with direct involvement with the Colorado/National Restaurant Association.
- Year one emphasizes culinary management; year two emphasizes hospitality and restaurant management

**Food Science, Dietetics, and Nutrition (CIP 19.0504)**

- Two-semester program based on National FACS Standards (may be counted toward a science credit if approved by local school district).
- Focuses on food safety, principles of nutrition, food and menu planning, and food preparation techniques
- This course is intended to offer students laboratory experiences that reflect the science of food and nutrition. Its intention is not to cover the basics of cooking.

**Wage Earning/World of Work (CIP 19.9999)**

- Two-semester course based on Colorado Standards
- Focuses on career assessment, job skills, interview skills, finding and keeping a job, researching careers, communication techniques, and work ethics.
- Students should be employed in a Family and Consumer Sciences area



**COLORADO  
FAMILY AND CONSUMER SCIENCES  
SECONDARY PROGRAMS**

*Leadership skills integrated through Family, Career and Community Leaders of America.*

**Interior Design (CIP 19.0601)**

- Two-semester program based on the industry's professional standards (CIDA – Council for Interior Design Accreditation).
- Focuses on career paths within the housing, interiors, and furnishings industry (1st semester emphasizes residential design and 2<sup>nd</sup> semester on commercial design).

**Fashion Design and Merchandising (CIP 19.0901)**

- Two-semester program that exposes students to the numerous careers within the fashion design and merchandising industries.
- Focuses on fashion selection, principles and elements of design, textiles, textile product construction, and fashion merchandising

**Early Childhood Education (CIP 19.0701)**

- Two-semester community college course offered at high schools for 11<sup>th</sup> and 12<sup>th</sup> grades.
- Focuses on the child from birth to age 8 and emphasizes child growth and development, health, nutrition, and safety, developmentally appropriate practices, and observation of children in a child care setting
- High schools must coordinate with their local community college to offer this course

**Teacher Cadet (CIP 13.1399)\*\***

- Two-semester program based on standards and curriculum from the South Carolina Center for Educational Recruitment, Retention, and Advancement (CERRA)
  - Licensed program that requires training through the CERRA (offered each summer in Colorado)
  - Rigorous honors program for 11<sup>th</sup> or 12<sup>th</sup> graders that explores teaching careers and allows opportunities for teaching experiences
  - Only CTE course that offers articulation to four-year institutions in Colorado
- 

**Teen Parent Program (CIP 19.0799)**

- Two-semester program for pregnant and/or parenting teens
- Focuses on skill development for the parent.
- Emphasizes relationship building between parent and child, problem-solving skills, and communication.

\*\*Statewide articulation agreement with community colleges and four year universities